

HNELHD Supportive & Palliative Care Allied Health Education Days 2026



Hunter New England
Local Health District

Newcastle: Tuesday 19th May 2026.

Tamworth: Tuesday 16th June 2026.

Cost: Free for all participants

Program (*may be subject to change without notice in response to speaker circumstances*)

8.45am Registration

9.15am Welcome to Country

9.30am **Session 1: The last 1,000 days of life**

Welcome & introduction

Here for the Long Walk - allied health in supportive & palliative care

Harley's story – a journey to remember

10.50am Morning Tea

11.20am **Session 2: Panel Discussion**

Carrying more than illness – Stigma and vulnerability at the end of life

- When labels linger (*Substance use and access to medications*)
- Care Beyond the Sentence (*Incarceration and care*)
- Invisible Wounds (*Mental health, trauma, and distress*)
- Culture Shapes Care (*Cultural safety, identity, and belonging*)
- When Information Isn't Accessible (*Education, literacy, and health navigation*)
- Distance Changes Everything (*Geographical isolation: the bush vs the burbs*)

12.30pm Lunch

1.30pm **Session 3: Communication when it counts**

The Words That Shape Care: how language builds (or breaks) connection

Is Prognosis the Answer — or the Distraction? navigating honesty and harm

Holding Hope to the End: connection, meaning & legacy

2.30pm Afternoon Tea

3pm **Session 4: Staying With the Journey**

Remaining whole in the work of care

Harley's Journey — reflections

4pm Close



Registrations [OPEN HERE](#)
[NOW](#) or
use QR code

Target Audience: Allied
Health; Nurses are also
warmly invited.

Email HNELHD-SupportiveCare@health.nsw.gov.au or call 4923 6833 for more information