National Palliative Care Week
11–17 May

What's your plan?

Community Conversations

Join us in Lismore for this FREE event with singing, movement and meaningful conversations.

12 May 2025
11:45am - 1:15pm
Lismore Heights Sports Club
181a High Street
Lismore Heights

Register by scanning QR code or call (02) 8076 5604

Palliative Care NSW has partnered with **Beating Hearts of Lismore** and **Healthy North Coast** to host a special event. Everyone is invited. Free lunch will be provided!

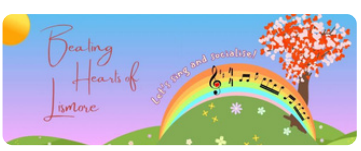
Community Conversations is a free learning session to help you and your loved ones:

- Navigate end-of-life matters
- Explore the local support services available
- Learn how to start an advance care plan
- Understand what palliative care is and how to access

Beating Hearts of Lismore brings seniors and loved ones together for an enjoyable event of singing, movement and socialising.

More info visit:
palliativecarensw.org.au/community-conversations/

Palliative Care New South Wales

HEALTHY NORTH COAST

phn NORTH COAST
An Australian Government Initiative