What's your plan?

National Palliative Care Week 11-17 May

Do you know about the Palliative Care Support available in your community?

Life is about planning not just to live well, but also to die well. Having a plan reduces uncertainty. Planning your end of life care creates a clear guide for carers and loved ones, so you can focus on what matters most.

Belong Blue Mountains has a team of dedicated volunteers who offer social support for people living with life-limiting illness, as well as their loved ones. Our service is free for people from Lapstone to Lithgow. We believe meaningful connection and a compassionate community can bring much strength and comfort in the most difficult of times.

As part of National Palliative Care Week we invite you to come along to meet our Palliative Support team, find out what we do, and have a conversation that really matters...

Tuesday 13 May 11am–2pm Club Lithgow

Wednesday 14 May 11:30am–2pm RSL Katoomba

Thursday 15 May 11am–2pm Springwood Sports Club

You can also contact our team on 4782 1117

info@belongbm.org.au **belongbm.org.au**

BELONG BLUE MOUNTAINS PALLIATIVE SUPPORT SERVICE

BE HEARD • BE CONNECTED • BE SUPPORTED • BELONG