National Palliative Care Week 2025

# Community Expo

*Talk, Plan, Live: Planning for your future*

**WHEN: Monday May 12, 2025**
**WHERE: Wagga Wagga RSL Club**
**Mirage Room (downstairs)**

This National Palliative Care Week (NPCW), we're marking 30 years of progress by asking a vital question:

**"What's your plan?"**

This day is about providing an opportunity to start conversations, break down taboos, dispel myths, and empower the life and choices that need to be considered for all Australians. Whether you're caring for a loved one, planning for the future, or simply want to learn more, this event is for you.

Hosted by MLHD Specialist Palliative Care Service and Palliative Care NSW, join us for this **free community event**.

**For more information:**

**Stephanie Dunstall**
**MLHD Specialist Palliative Care Nurse Educator**
**Phone: 0428 102 041**
**Email: stephanie.dunstall@health.nsw.gov.au**

**10.30am – 12.00pm:**
**Community Conversations by Palliative Care NSW (registrations required)**

Are you ready to talk about living well, dying well and grieving well?

Let's talk about planning for the end of life, with the support of community services that assist with aging, loss, dying, and grief. Join us as we delve into these important topics – **completely free of charge!**

Community Conversations is a free education session that brings together palliative care experts and community members for open, thoughtful discussions on topics around end-of-life planning.

**To register, scan the QR code**
**Or visit events.humanitix.com/community-conversations-wagga-palliative-care-nsw**
**Or call (02) 8076 5604**

**12.00pm – 3.00pm:**

- **Expert talks** from local services including My Aged Care, Centrelink, Solicitors, Funeral Providers, Advance Care Planning Australia, and more
- **Information stalls** to connect you with over 30 community services to find the right support for you
- **Resources** to take home

NSW GOVERNMENT
Murrumbidgee Local Health District
Community Conversations
Palliative Care New South Wales