

## Admission criteria

For admission to the AYAH the patient must:

- » Be referred by a medical practitioner;
- » Be aged 16 to 24 years;
- » Have a life-limiting illness;
- » Have a clearly identified medical specialist/practitioner who is responsible for their care co-ordination prior to admission to the AYAH and who will accept their care again after they have been discharged from the AYAH; and
- » Require any of the following:
  - Respite care
  - Complex symptom management
  - End-of-life care
  - Step down from an acute hospital prior to discharge home

## Referral

For health professionals seeking a referral form, please contact: [nslhd-ayahmanly@health.nsw.gov.au](mailto:nslhd-ayahmanly@health.nsw.gov.au) or call (02) 9926 5700.

Please contact us if you would like to discuss suitability of referral or whether the referral meets the admission criteria.



# Adolescent and Young Adult Hospice

The Manly Adolescent and Young Adult Hospice (AYAH) is Australia's first dedicated service for young people with life-limiting illness. The service currently provides 16 to 24-year-old patients with respite care, symptom management, end-of-life care, and step down from an acute hospital prior to discharge home.

### Adolescent and Young Adult Hospice

150 Darley Road, Manly 2095

✉ [nslhd-ayahmanly@health.nsw.gov.au](mailto:nslhd-ayahmanly@health.nsw.gov.au)

☎ (02) 9926 5700

📘 [facebook.com/ayahmanly](https://www.facebook.com/ayahmanly)

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Northern Sydney  
Local Health District

[nslhd.health.nsw.gov.au](https://www.nslhd.health.nsw.gov.au)



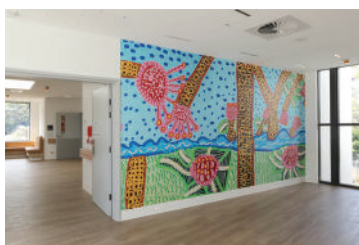
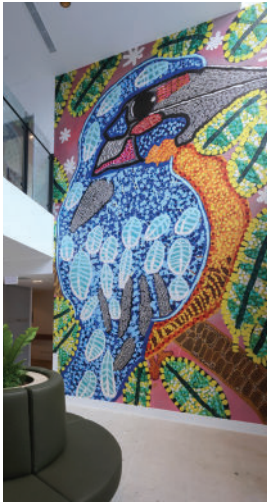
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## Our service

The AYAH provides holistic, specialised care for patients and their families, including bereavement support and counselling. It delivers care tailored to young people and their unique needs, provides dedicated and professional support for families, reduces the need for extensive travel for rural patients, and focuses on privacy, respite and recreation.



A key role of AYAH will be to facilitate integration and communication with patients' care providers to ensure continuity of care.



## Our team

- » Nursing unit manager
- » Palliative care consultant
- » Palliative care nursing staff
- » Social workers
- » Clinical psychologists
- » Bereavement support
- » Physiotherapists
- » Occupational therapists
- » Speech therapists
- » Dieticians
- » Support and administrative staff
- » Kitchen staff
- » Diversional, music, art and massage therapy, and pastoral care as required



## Our facility

Located on a portion of the former Manly Hospital site, on the North Head headland, the facility is surrounded by national parks, bush land and environmental conservation areas, providing a natural and peaceful setting for young people and their families. The AYAH includes:

- » Eight bedrooms for patients, each with an ensuite and outdoor balcony
- » Two carer lounges
- » Two family accommodation units, each with two bedrooms
- » On-site dedicated kitchen and dining room
- » Breakout spaces including lounge room, activity room, games room, media room, multisensory room, quiet room and sitting rooms
- » Laundry for families staying overnight
- » Outdoor balcony off the lounge room with a view over Sydney Harbour
- » Garden and landscaped areas, including spaces for outdoor activities
- » Telehealth consult spaces



The facility will operate 24 hours, 7 days a week including public holidays. Admissions to the AYAH occur during business hours on Monday to Friday.